Design your ideal week.

Name _____

Date _____

Draw the week you would like to live: workable, not perfect. Then hold it next to your real calendar.
Tip Fixed commitments first, then your priorities.

	MON	TUE	WED	THU	FRI	SAT	SUN
Morning							
Afternoon							
Evening							

WHAT IS MISSING?
in your real week

WHAT TAKES TOO MUCH SPACE?
compared with the picture

ONE CHANGE I CAN MAKE
start this week