Give each week a colour.

Name _____

Start _____

Describe your good week first. At the end of each week, give it one colour and one sentence.
Tip Look along the row every four weeks.



MY GOOD WEEK

What has to be in it?

Green on track, the important things had their place
Amber workable, something got squeezed
Red the week derailed

WEEK	G A R	ONE SENTENCE: WHY THIS COLOUR
1	○ ○ ○	
2	○ ○ ○	
3	○ ○ ○	
4	○ ○ ○	
5	○ ○ ○	
6	○ ○ ○	
7	○ ○ ○	
8	○ ○ ○	
9	○ ○ ○	
10	○ ○ ○	
11	○ ○ ○	
12	○ ○ ○	